



## **Putting Purpose Into Our Mornings**

At Crossroads MOPS, it is our goal to lift the heart of every mom, to bring her (and her children) closer to God and His word, to ease her mind and open her to the wonders within herself while welcoming her into a circle of friends.

Focused on the unique needs of mothers of preschoolers, MOPS is about personal growth and leadership development. To motivate, to strengthen bonds, to share experiences and laugh together while receiving understanding and gentle encouragement ... that's what Crossroads MOPS is all about. Whatever stage you and your families are at, whatever moms are going through – we've been there at one time or another. We've all worn the same shoes. Sometimes they're tired, uncomfortable shoes with strained carrots all over them; sometimes an old comfy friend that makes you feel good when you put them on. Either way, the steps those shoes take are important, and Crossroads MOPS aims to make them lighter and more purposeful.

So if this is your first meeting, or your one-hundred-and-first, sit back, relax, and soak up some "me" time. After all, everyone counts on mom. And mom can count on MOPS to nourish her soul, establish common ground, support, teach, listen, and reflect the love of Jesus in everyday life.